



# Level up!

We have some exciting news



is ready for the next gymnastics challenge!

Today you achieved gymnastics excellence and now it's time to take a leap into the Intermediate Class! We're thrilled to invite you to join this exciting level where the fun reaches new heights! Get ready to tumble, twist and conquer new challenges alongside other gymnasts who share your love and skill for the sport. Our Intermediate Class is designed for amazing gymnasts like this who are eager to showcase their skills and continue their extraordinary journey.

Stay tuned for a special message to your emails in the coming days. This will discuss your outstanding progress and arrange a trial session with the Intermediate Group.

Flip the page to see the report!



Gymnastics

START ..... Bgnr ..... Intr ..... Adv ..... END



# Gymnastics

Connect and share the excitement  
with us on social media!



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Parents, check here to see how your gymnast got on!

Assessment Skills:	Forward Roll	Handstand	Cartwheel	Bridge	Pass/Fail
Assessment guidance notes:	Stand up straight, roll with head tucked in, stand up without hands, return to straight shape.	Handstand with stomach facing the wall, must be held for over 5 seconds.	Cartwheel must have straight arms and legs. Show good flexibility and stay in a straight line.	Good shoulder elevation from the floor, legs straight.	Did the gymnast score 3 or more? ✓ or ✗
Coaches' assessments: ✓ or ✗					

Gymnasts Name:

Assessment Score:

Coach's Name:

Coach's Signature:

If your child had a blast, we would greatly appreciate it if you could leave us a review on Facebook!



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Get ready for an exciting journey at EA Gymnastics, where every flip, twist, and turn leads your gymnast to a new skill. We can't wait to witness their continued growth, confidence, and friendships blossom as they join the amazing Intermediate Class!

For any further information visit [eagymnastics.co.uk](http://eagymnastics.co.uk)